

Work Support Programs Covered by the Self-Sufficiency Calculator

Below is a list of the various work support programs that are incorporated into the Self-Sufficiency Calculator. Case managers can explore any of these programs using the Self-Sufficiency Calculator.

Child Care

- Working Connections
- Seattle Comprehensive Child Care Program (SCCCP)
- HeadStart

Housing and Utilities

- Section 8
- City of Seattle LIHEAP (utilities)

Food*

- Food Stamps (Washington Basic Food Program)

Health Care*

- Medicaid (whole family)
- Basic Health Plan (for adults) and Medicaid (for children)
- Apple Health for Kids (CHIP)

Tax Credits

- Earned Income Tax Credit (EITC)
- Child & Dependent Care Credit (CDCC)
- Child Tax Credit (CTC)

Resources to find information about tax credits:

- United Way of King County provides information about tax credits and assistance filing tax forms through their annual free EITC Campaign: www.uwkc.org
- Center on Budget & Policy Priorities' Tax Credit Outreach Kit explains in straightforward language everything you need to know to apply federal tax credits. Go to: www.cbpp.org and click on Tax Credit Outreach Kit at the bottom of the page.
- The IRS-sponsored VITA program works with community organizations to provide free tax preparation services to low-income tax filers. Go to www.irs.gov to find the contact information for your local VITA program and more information about tax credits.

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- * For more information about food and health care resources, and/or assistance with applying for benefits, go to: www.parenthelp123.org